

Holiday program

YMCA school holiday program runs until July 9. Includes excursions to Disney on Ice, rollerblading and the movies. Programs to be held at Strathmore Primary School, Lloyd St, Strathmore. Details: 8371 0500 or healthykidsoshc.ymca.org.au

Exercise classes

DANCE exercise classes Saturdays from July 3, 11am-noon, free dancing noon-1pm, at 5 Kellaway Ave, Moonee Ponds. Cost: \$3 exercise class, \$5 free dance. Details: 9370 7969.

Steam talk

MURRAY Hill speaks about the Steam Era as part of the Moonee Valley Life Activities Club (over 50s) club night, Monday, July 5, Neighbourhood Centre, Kellaway Ave, Moonee Ponds. Details: 9300 2276.

Tai chi

TAI chi beginners' classes from July 10 in Ascot Vale, Brunswick, Coburg and North Melbourne. Details: 0432 765 458 or taoist.org.au

Hospital volunteers

HOSPITAL volunteers wanted to offer patients and their family and friends companionship, conversation, and practical assistance during their time in hospital. For more information, call 9687 7661.

Healers market

MASSAGE, reiki, psychic readings,

Critical list

Michael Winslow

Police Academy comedy star Michael Winslow returns to Australia with his unique sound impersonations of barking dogs, squishing soggy sneakers, jets roaring, spine-tingling scratches from a chalk board, radio noises, guitars screaming, cell phones, and so much more. At The Comic's Lounge, 26 Errol St, North Melbourne. On Wednesday, June 30. Details: thecomicslounge.com.au

Rebecca Barnard

The long wait is over as Rebecca Barnard releases the difficult second solo album. Few things inspire achingly beautiful songwriting like loss, heartbreak and transformation. And it is a

gifted, generous and courageous musician who can turn something profoundly personal into the universal language of song. At Bennetts Lane, 24 Bennetts Lane, Melbourne. On Saturday, July 3. Details: bennettslane.com

Annual Heart of St Kilda Concert

Top acts from around the country are again proving the generous spirit that exists in the entertainment industry by supporting the annual Sacred Heart Mission concert. Featuring Tex Perkins, Archie Roach, Paris Wells and Clare Bowditch. At the Palais, Lower Esplanade. Tuesday, June 29. Details: ticketmaster.com.au



Holiday program

Champions Challenge at Aberfeldie Baptist Church, 3 Price St, Essendon, from July 6-9, 9.30am-noon. Details and registration: Tony on 0408 379 955.

Dancing

DANCING Wednesdays 8-10.30pm at the Flemington Community Centre, 25 Mt Alexander Rd. \$8 a person. Revision class from 7-8pm. Details: 8325 1800.

Cubs and Scouts

FOR girls and boys aged six-15. Games, cooking, new skills, camping and outdoor fun, with 2nd

Strathmore Cub/Scout Group. Details: Christine on 9379 5222.

Family outing

SINGLE Parents Active Kids are going to Scienceworks on July 7, from 10am. Call 0430 504 119 or email info@singleparentsactivekids.com

Computers

COMPUTER courses starting July 12, at Wingate Avenue Community Centre, 13a Wingate Ave, Ascot Vale. Intermediate internet and email, Powerpoint, Excel and Publisher, advanced Microsoft Office and MYOB. Details: 9376 5244 or www.wingateave.com.au

WORTH READING

Collingwood Illustrated Encyclopedia, by Michael Roberts & Glenn McFarlane
Published by Slattery Media Group. RRP: \$59.95
Reviewer: Mark Smith



THIS beautifully collated hardcover book, an updated edition, offers an informative and in-depth guide to the history of one of the AFL's most cherished/hated football clubs. It is packed with photos, from the club's original team picture to John Anthony's match-winning goal in the 2009 semi-final plus articles on everything from the club's history.

WORTH HEARING

Violent Soho Released by Universal;
RRP: \$29.95
Reviewer: Mark Smith



FOUR-piece Brisbane rockers Violent Soho deliver an impressive grunge effort with this self-titled major label debut, but you can't help get the feeling that you're listening to a band that has missed the boat. With its Nirvana-cloned mash of distorted guitars and whiny, strained vocals the band enters the fray on the tail end of the grunge revival. But with a top 40 US hit, maybe the band is on to something after all.

Let's get hammered

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